

# Easter Swimming Timetable WEEK 1 & 2

Mon 30th March - Sun 12th April

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
06:00								06:00
07:00					06.30 - 09.00			07:00
08:00	07.00 - 09.00 Lane Swimming	Lane Swimming	07.00 - 09.00 Lane Swimming	07.00 - 09.00 Lane Swimming	08:00			
09:00								09:00
10:00	09.00 - 10.45 General Swimming	09.00 - 12.00 General Swimming	09.00 - 10.45 General Swimming	09.00 - 12.00 General Swimming	09.00 - 10.45 General Swimming	09.00 - 10.45 General Swimming	09.00 - 10.45 General Swimming	10:00
11:00	10.45 - 11.45 Family Fun Swim		10.45 - 11.45 Family Fun Swim		10.45 - 11.45 Family Fun Swim	10.45 - 11.45 Family Fun Swim	10.45 - 11.45 Family Fun Swim	11:00
12:00	11.45 - 13.00 Adult Only Swim		11.45 - 13.00 Adult Only Swim		11.45 - 13.00 Adult Only Swim			12:00
13:00				12.15 - 13.15 AquaFit				13:00
14:00						14.00 - 15.00 Family Fun Swim	14.00 - 15.00 Family Fun Swim	14:00
15:00	15.00 - 16.00 Family Fun Swim		15.00 - 16.00 Family Fun Swim		15.00 - 16.00 Family Fun Swim			15:00
16:00						15.00 - 17.30 General Swimming	15.00 - 17.30 General Swimming	16:00
17:00				15.30 - 18.30 Swim School				17:00
18:00	16.30 - 20.30 General Swimming	16.30 - 20.30 General Swimming	16.30 - 20.30 General Swimming		16.30 - 18.30 General Swimming			18:00
19:00						18.30 - 20.15 General Swimming (Shared use)		19:00
20:00				18.30 - 20.30 General Swimming				20:00
21:00	20.30 - 21.30 Adult Only Swim	20.15 - 21.00 Adult Only Swim			21:00			
22:00								22:00

**Lane Swimming:** A structured lane based session for confident swimmers able to swim continuously in a lane. Fin, snorkel and paddle friendly.

**General Swimming:** A swimming session with half of the pool laned for those looking to complete a few lengths and half of the pool open for those looking for a more relaxed swim. Everyone welcome.

**General Swimming (Shared Use):** A general swimming session with shared use. 2 lanes of the pool will be used by our Swim Club and staff training.

**Family Fun Swim:** A sessions for everyone, mats and floats provided or bring along your own fun toys. No lanes are available during these sessions

**Adult Only Swim:** Sessions for 18's+. A swimming session with half of the pool laned for those looking to complete a few lengths and half of the pool open for those looking for a more relaxed swim.

**AquaFit:** A fun, low impact water-based class to improve overall fitness. Suitable for all abilities.



## Easter Weekend Swimming Pool Opening Times

Good Friday 3rd April	06:30 - 17:30
Saturday 4th April	07:00 - 17:30
Sunday 5th April	07:00 - 11:30
Easter Monday 6th April	07:00 - 17:30
Tuesday 7th April	Normal Hours