

Easter Swimming Pool Timetable

Week 1, 3 & 4

Monday 31st March - Sunday 6th April
&
Monday 14th April - Sunday 27th April

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
06:00								06:00
07:00	07.00 - 09.00 Lane Swimming	07.00 - 09.00 Lane Swimming	07.00 - 09.00 Lane Swimming	07.00 - 09.00 Lane Swimming	06.30 - 09.00 Lane Swimming	07.00 - 09.00 Lane Swimming	07.00 - 09.00 Lane Swimming	07:00
08:00								08:00
09:00	09.00 - 10.45 General Swimming	09.00 - 12.00 General Swimming	09.00 - 10.45 General Swimming	09.00 - 12.00 General Swimming	09.00 - 10.45 General Swimming	09.00 - 10.45 General Swimming	09.00 - 10.45 General Swimming	09:00
10:00								10:00
11:00	10.45 - 11.45 Family Fun Swim		10.45 - 11.45 Family Fun Swim		10.45 - 11.45 Family Fun Swim	10.45 - 11.45 Family Fun Swim	10.45 - 11.45 Family Fun Swim	11:00
12:00	11.45 - 13.00 Adult Only Swim		11.45 - 13.00 Adult Only Swim		11.45 - 13.00 Adult Only Swim			12:00
13:00				12.15 - 13.15 AquaFit				13:00
14:00						14.00 - 15.00 Family Fun Swim	14.00 - 15.00 Family Fun Swim	14:00
15:00	15.00 - 16.00 Family Fun Swim		15.00 - 16.00 Family Fun Swim		15.00 - 16.00 Family Fun Swim			15:00
16:00						15.00 - 17.30 General Swimming	15.00 - 17.30 General Swimming	16:00
17:00	16.30 - 20.30 General Swimming	16.00 - 20.30 General Swimming	16.30 - 20.30 General Swimming	15.30 - 18.30 Swim School	16.30 - 18.30 General Swimming			17:00
18:00								18:00
19:00				18.30 - 20.30 General Swimming	18.30 - 20.15 General Swimming (Shared use)			19:00
20:00								20:00
21:00	20.30 - 21.30 Adult Only Swim	20.30 - 21.30 Adult Only Swim	20.30 - 21.30 Adult Only Swim	20.30 - 21.30 Adult Only Swim	20.15 - 21.00 Adult Only			21:00
22:00								22:00

Lane Swimming: A structured lane based session for confident swimmers able to swim continuously in a lane. Fin, snorkel and paddle friendly.

General Swimming: A swimming session with half of the pool laned for those looking to complete a few lengths and half of the pool open for those looking for a more relaxed swim. Everyone welcome.

General Swimming (Shared Use): A general swimming session with shared use. 2 lanes of the pool will be used by our Swim Club and staff training.

AquaFit: A fun, low impact water-based class to improve overall fitness. Suitable for all abilities

Family Fun Swim: A sessions for everyone, mats and floats provided or bring along your own fun toys. No lanes are available during these sessions

Adult Only Swim: Sessions for 18's+. A swimming session with half of the pool laned for those looking to complete a few lengths and half of the pool open for those looking for a more relaxed swim.

Easter Opening Hours

Good Friday 18th April	07:00 - 18:00
Saturday 19th April	07:00 - 18:00
Sunday 20th April	07:00 - 12:00
Monday 21st April	07:00 - 18:00
Tuesday 22nd April	Normal Hours